NIKE+ FUELBAND SIZE GUIDE

Step 1
Print this page in landscape orientation at 100% (do not scale to fit). Cut out the size guide and wrap it snug around your wrist. The end with the arrow should be on top.

Step 2
The arrow will point to one of the three zones: small, medium/large or x-large. Wherever it points is your approximate size.

Step 3
Your Nike+ FuelBand comes with two additional links that are easy to insert and remove. Use these to adjust the fit to be looser or tighter, however you want to wear it. The sizing guide takes into account the additional links for each size.

If above measurements are to scale, the guide printed correctly.